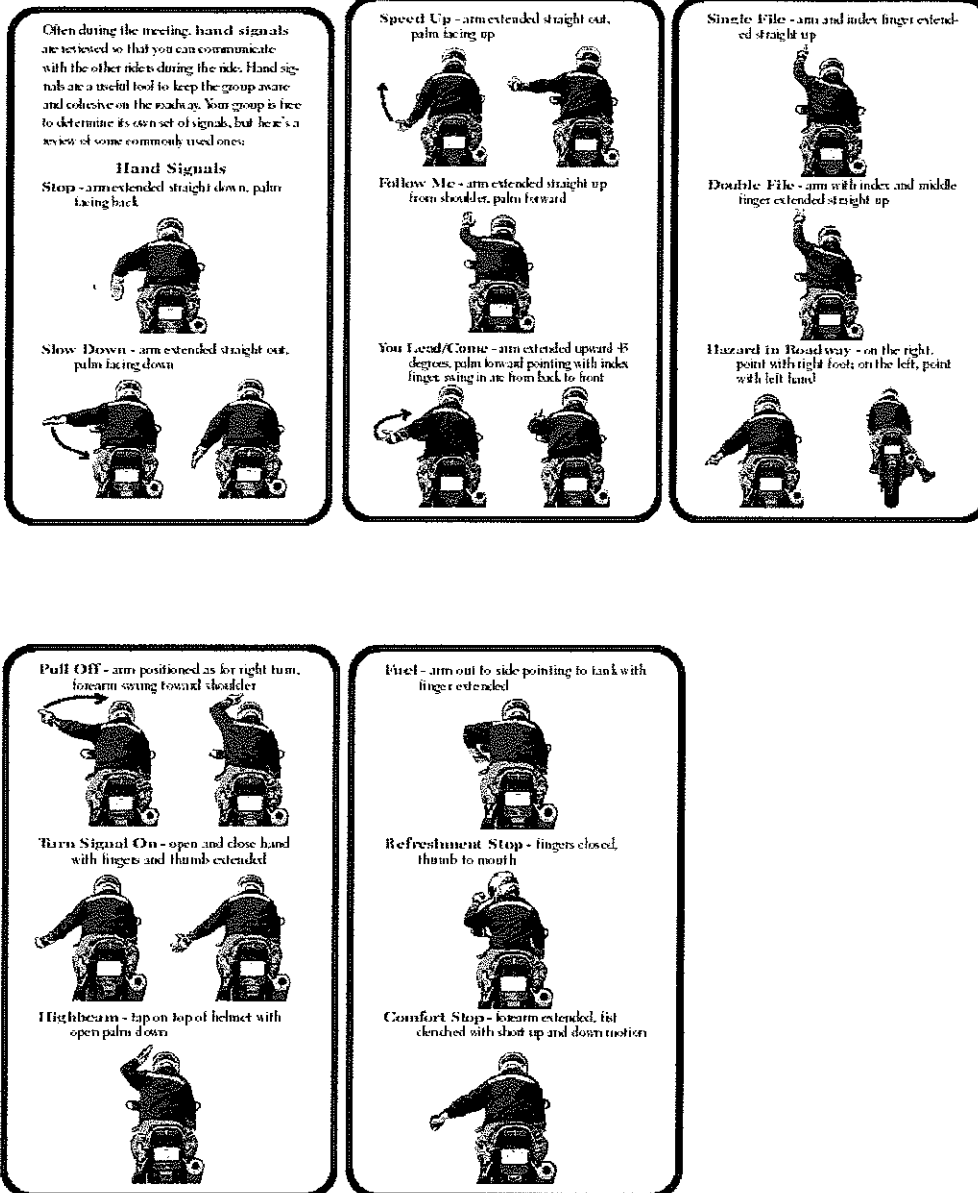


## Appendix C – Hand Signals:



### Adopted hand signals

- Start them up (index finger point up, wrist circling motion)
- Slow down (arm down @ 45 degrees ~ palm down / pat the dog)
- Speed up (arm down @ 45 degrees ~ palm up / lifting motion)
- Stop (arm down @ 45 degrees ~ palm facing back)
- Right turn (left arm up @ 90 degrees ~ closed fist)
- Left turn (left arm out level ~ closed fist)
- Road hazard (left side > arm out level ~ point at ground)
- Road hazard (right side > left arm up ~ point over helmet)
- Single file (arm up at 45 degrees ~ index finger up)

### **Appendix C – Hand Signals continued:**

- Double file                    arm up at 45 degrees ~ give the peace sign)
- Call up blocker            (from back ~ arm high with index and pinkie)
- Call up blocker            (from front ~ arm at 90 degrees with index and pinkie  
Below helmet level)
- Two by two                    (two at a time > arm straight up ~ blinking peace sign)
- Staggered                    (arm up 45 degrees ~ twisting peace sign)
- Pull over                    (to right assume ~ thumb point over top of helmet)
- Tighten up pack            (arm at 90 degrees ~ rocking fist forward)
- Lights concern            (flicking hand)
- Hold position              (fist down ~ r/c is about to move in the pack)
- Leaving pack              (thumbs up is ok ~ thumbs down is help)
- Blinkers are on            (fingers / pinching motion)
- Police in area              (pat the top of helmet)
- Cut engine                 (level hand back & forth at neck line)
- Emergency stop          (arm down at 45 degrees ~ palm back / waving)
- Loop signal                (index finger up, whole are circle motion)
- Cancel signal(open hand extended flat ~ wave at ground)
- Go on by                    (motion accordingly)

**Key:**

- Left arm display preferred, but right is ok
- Left arm only

### **Proper signaling should have a (3) three-second hold minimum**

The longer it is displayed reduces the chance of riders behind missing it or passing a similar but wrong signal to those further back. Visibility and being able to distinguish the hand silhouette ahead, are affected by many things:

- Distance
- Distractions
- Buffeting winds
- Bumpy roads
- Weather
- Bright sun
- Bulky gloves (rain mittens)
- Scratches glasses or goggles
- Darkness

**Getting correct signals passed back is a major issue as it pertains to communications and safety.**